



Newsletter — October 2024 Issue

## Planting Seeds for Success

Exciting news this month: Individual Matters and Essentials in Learning are now delivering services under the same roof!

[Essentials in Learning](#) (EIL) is a locally owned academic tutoring and ADHD coaching practice co-operated by Josh and Dionne Guddat. The Guddats are long-time teachers who bring tons of experience along with a team of top-notch educators.

Over the past year, Individual Matters and EIL have collaborated to deliver several parent and teacher workshops.

Given the natural overlap of neurodevelopmental evaluation and academic tutoring/ coaching, we feel like it makes perfect sense to work together more closely.

We are excited to plant these seeds of collaboration and grow the bounty of educational resources available to Western Slope students and their families.

### Learn more about Essentials in Learning

This week, EIL's Josh Guddat joined The Individual Matters Podcast to discuss: [Supporting ADHD in the Home — A Teacher's Perspective](#)

[WATCH ON YOUTUBE](#)



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## How to Get Work Ready and Find the “Right” Job

Sara Colorosa, Ph.D., of [The Engagement Catalyst](#), recently joined our podcast to discuss work readiness and tips for finding a job or career.

*This is a must listen for parents and caregivers —  
and anyone who works with children!*

In this episode, Sara explains:

- - The difference between a job and a career
- - What it means to be work ready
- - How to align skills, knowledge, experience, and interests with a job
- - How job seekers can begin to obtain valuable experience
- - Tips for parents and caregivers to implement at home
- - The importance of developing social communication skills

WATCH ON YOUTUBE

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## **Need a Training for Your Organization?**

Individual Matters can design an educational experience that meets your unique needs. Contact us to learn how the [IM Learning Institute](#) can support your business, school, or agency with an individualized training or workshop.

“Don’t judge each day by the harvest you reap  
but by the seeds that you plant.”

-Robert Louis Stevenson

Wishing you a month filled with peace, love, and happiness.



**Dr. Katrina Katen**  
Clinical Psychologist



**Andrew Katen**  
Executive Director



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